

# Purity of Heart

## Lesson I: Week I

### Prayer

"O God, guide me, protect me, make of me a shining lamp and a brilliant star. Thou art the Mighty and the Powerful."

### Story

'Abdu'l-Bahá was a very kind man. He could always tell what was in a person's heart, and He greatly loved people whose hearts were pure and radiant. There was a lady who had the honor of being the guest of 'Abdu'l-Bahá at dinner. As she sat listening to His words of wisdom, she looked at a glass of water in front of her and thought, "Oh! If only 'Abdu'l-Bahá would take my heart and empty it of every earthly desire and then refill it with Divine love and understanding, just as you would do with this glass of water."

This thought passed through her mind quickly, and she did not say anything about it, but soon something happened that made her realize 'Abdu'l-Bahá had known what she was thinking. While He was in the middle of His talk, He paused to call a servant, and the servant quietly came to the lady's place at the table, took her glass, emptied it, and put it back in front of her. A little later, 'Abdu'l-Bahá, while continuing to talk, picked up a pitcher of water from the table, and in a most natural way, slowly refilled the lady's empty glass. No one noticed what had happened, but the lady knew that 'Abdu'l-Bahá was answering her heart's desire. She was filled with joy.

### Game

- Your choice

## Purity of Heart: Lesson 1 : Week 2

### Memorization

“O Son of Spirit!  
My first counsel  
is this: Possess  
a pure, kindly  
and radiant  
heart...”

### Explanation

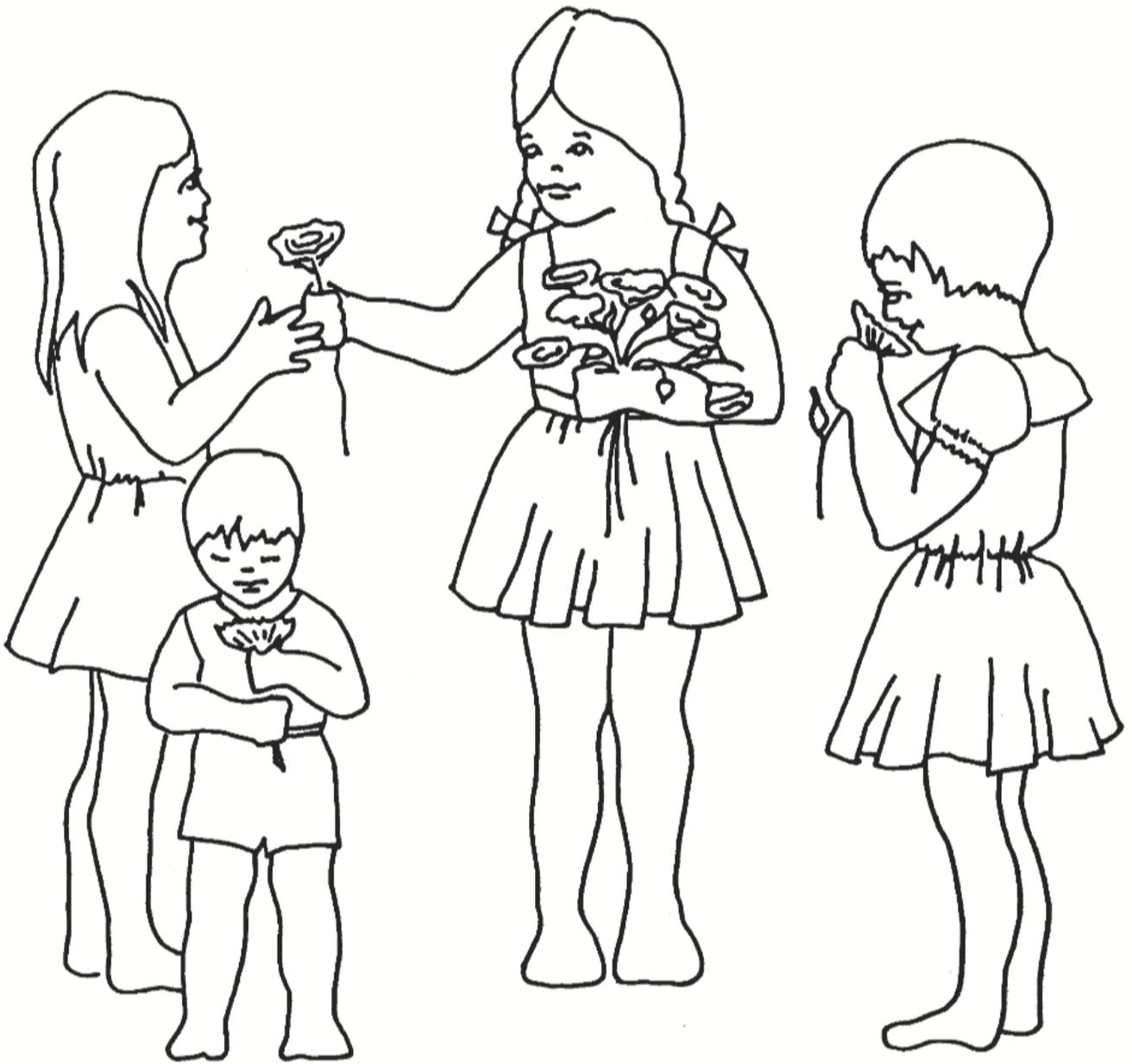
Our hearts are like mirrors. We should always keep them clean. Hatred, envy, and negative thoughts are like dust that stops the mirror from shining. When our hearts are pure, they reflect the light of God, and we become a cause of happiness to others.

### Vocabulary

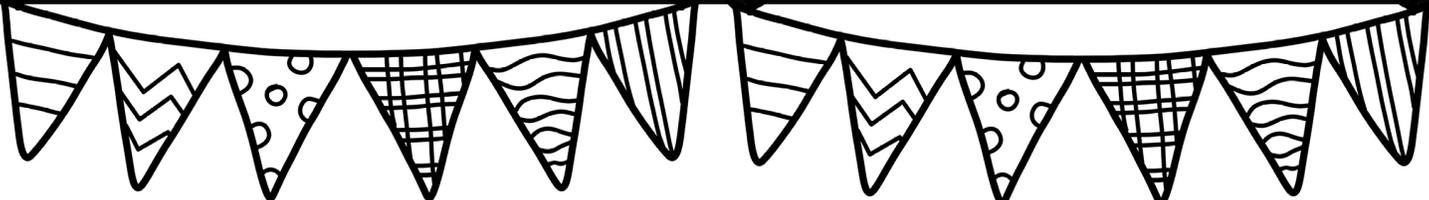
- Counsel:** One day Gerard and Mary were colouring some drawings. Gerard needed the yellow crayon, but Mary did not want to give it to him. The teacher told Mary that she should share. The teacher gave Mary good counsel.
- Possess** Tinaye likes to read prayers before going to sleep. She has a small prayer book to read from. Tinaye possesses a small prayer book.
- Pure Heart:** Cathy became angry and screamed at Susan. Susan was sad but quickly forgave Cathy. Susan possesses a pure heart.
- Kindly Heart:** When people in need come to her house, Ming Ling always takes care of them. Ming Ling possesses a kindly heart.
- Radiant Heart:** When I feel sad, my mother always cheers me up and makes me happy. My mother possesses a radiant heart.

### Art

- Colouring Page: Drawing 1



**“O Son of Spirit! My first counsel is this: Possess a pure, kindly and radiant heart.”**



# Justice

## Lesson 2: Week 1

### Memorization

"Tread ye the path of justice, for this, verily, is the straight path."

### Vocabulary

- Tread:** Pick an area on the ground, and ask the children to see how many of them can stand on it at the same time. Slowly make the area smaller, and see how they share their space.
- Path:** Pick an area on the ground, and ask the children to see how many of them can stand on it at the same time. Slowly make the area smaller, and see how they share their space.
- Justice:** Pick an area on the ground, and ask the children to see how many of them can stand on it at the same time. Slowly make the area smaller, and see how they share their space.

### Song

Justice is a noble way  
Justice brings a brighter day  
A light to those in need  
Shining through good deeds  
Oh, justice is the way

### Game

Pick an area on the ground, and ask the children to see how many of them can stand on it at the same time. Slowly make the area smaller, and see how they share their space.

## Justice: Lesson 2 : Week 2

### Memorization - Review

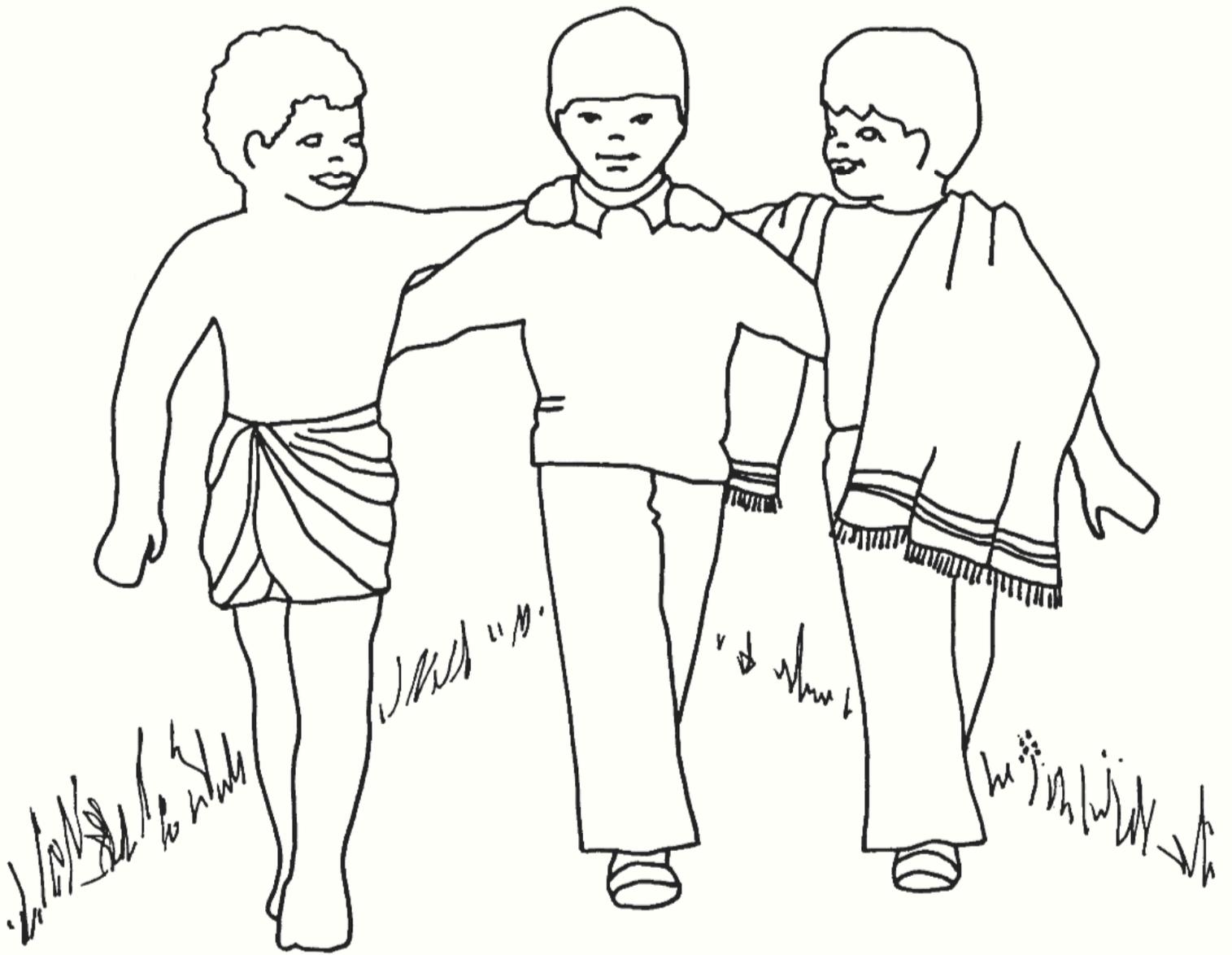
“Tread ye the path of justice, for this, verily, is the straight path.”

### Story

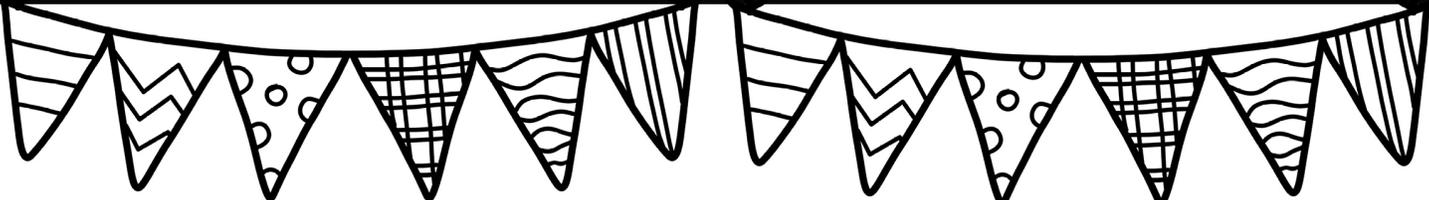
One day ‘Abdu’l-Bahá wanted to go from ‘Akká to Haifa. He went to take an inexpensive seat in a regular coach. The driver was surprised and must have asked himself why ‘Abdu’l-Bahá was so frugal as to ride in this cheap coach. “Surely, Your Excellency would prefer to travel in a private carriage,” he exclaimed. “No,” replied the Master, and He traveled in the crowded coach all the way to Haifa. As He stepped down from the coach in Haifa a distressed fisherwoman came to Him and asked for His help. All day she had caught nothing and now had to return to her hungry family. ‘Abdu’l-Bahá gave her a good sum of money, turned to the driver and said, “Why should I ride in luxury while so many are starving?”

### Art

- Colouring Page: Drawing 2



**“Tread ye the path of justice, for this, verily is the straight path.”**



# Love

## Lesson 3: Week 1

### Memorization

"O Friend, in the garden of thy heart plant naught but the rose of love..."

### Explanation

The love of God shines upon humanity like the rays of the sun. The sun's rays fall on deserts and gardens alike. Our love should be like the rays of the sun: we should love everyone, even those who mistreat us.

### Song

Love, love, love, love

Love your fellow man

Love, love, love, is

How the world began

God Loved creation

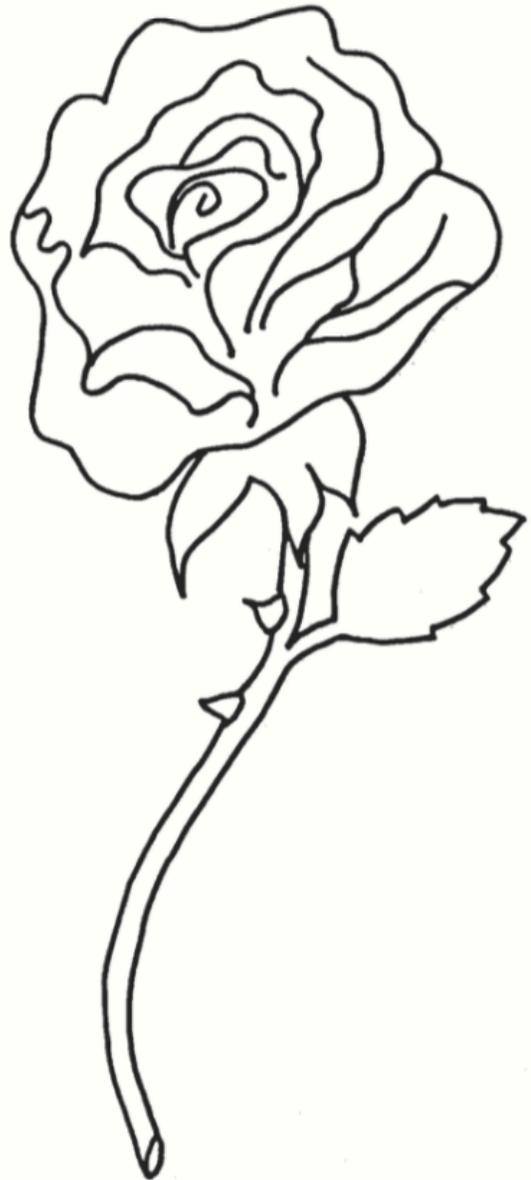
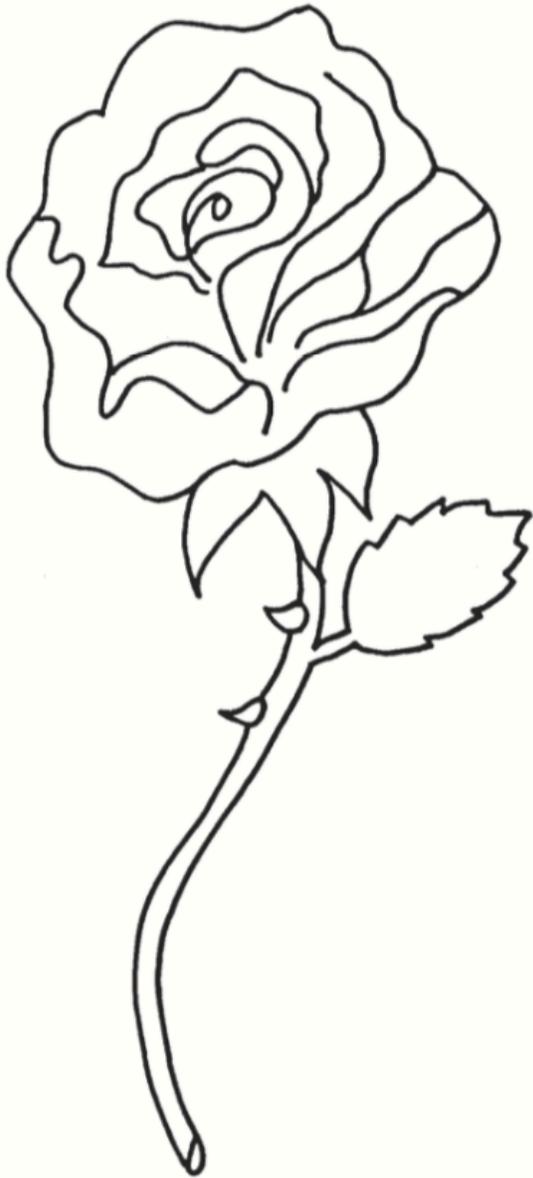
So He created thee to

Love, love, love Him and humanity.

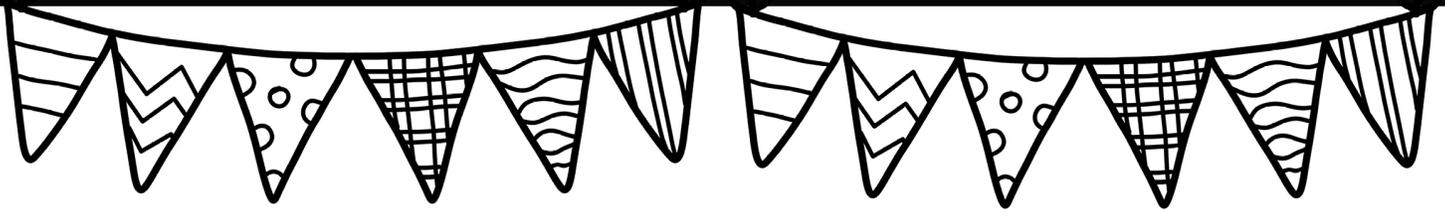
### Game

- Your choice





**“O Friend! In the garden of thy heart plant naught but the rose of love . . .”**



# Truthfulness

## Lesson 4: Week 1

### Review

Begin with prayers. Once some of the children have said prayers, you may review with them the prayer they have been memorizing in the last three classes. Since they will begin to learn a new prayer in next week's lesson, you should make sure they can say the first one well.

### Memorization

"Truthfulness is the foundation of all human virtues."

### Vocabulary

**Truthfulness:** Sanjay dropped a glass and broke it. When his mother asked him what had happened, he told her the truth and did not lie. Sanjay showed the virtue of truthfulness.

**Foundation:** Alok's father was building a house. Before putting up the walls, he placed rocks and cement under the place where the walls would go. The rocks and cement form the foundation of the house.

**Virtues:** Aurora is friendly, kind, and joyful. Aurora possesses many virtues.

### Game

Ask the children to stand in a line. They should all face in the same direction, with the last child looking at a piece of paper hanging on a wall or tree or, if available, at a blackboard. More than one line can be organized, if necessary. Using your finger, draw something on the first child's back. He, in turn, draws it on the back of the second child. The second child draws it on the back of the third child, and so on, until the last child is reached who draws it on the piece of paper or blackboard. Then you should draw next to it what you had drawn on the first child's back. The drawings should be simple so that all the children can do them.

## Truthfulness: Lesson 4 : Week 2

### Memorization - Review

“Truthfulness is the foundation of all human virtues.”

### Prayer

O Thou kind Lord!  
I am a little child, exalt me by admitting me to the kingdom. I am earthly, make me heavenly; I am of the world below, let me belong to the realm above; gloomy, suffer me to become radiant; material, make me spiritual, and grant that I may manifest Thine infinite bounties. Thou art the Powerful, the All-Loving. -'Abdu'l-Bahá

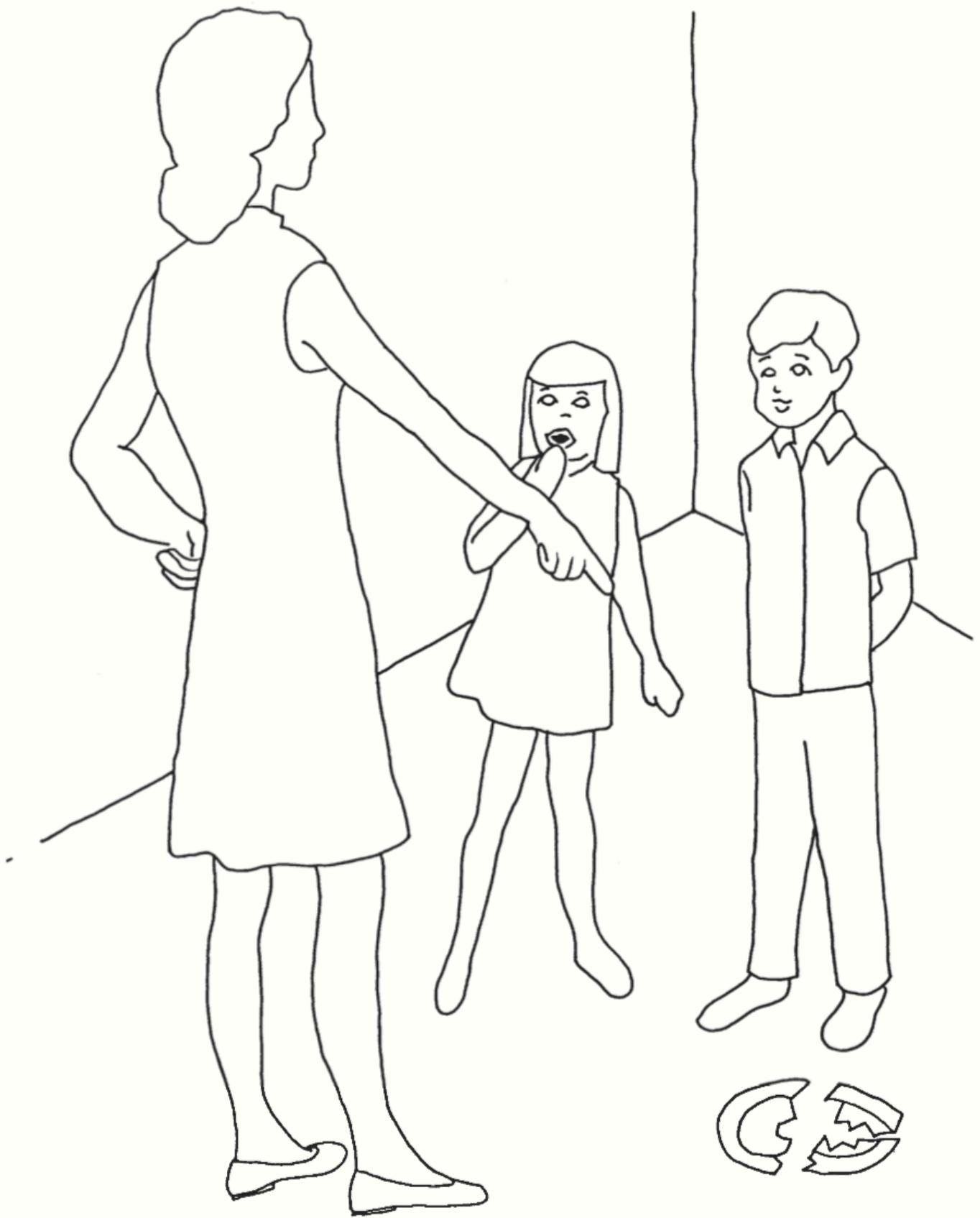
### Story

Story: In a country far away, some time ago, there lived a young shepherd, who, while his father worked in the fields and his mother kept up the home, had the task of taking care of the family's sheep. One day, the boy felt very bored and decided to play a trick on his neighbors. Suddenly he started crying out "Wolf! Wolf! The wolf is eating the sheep!" All of his friends came running to help chase away the wolf, but when they got there they found the young shepherd laughing at them because they had received such a fright and really there was no wolf anywhere to be found. His friends went back to their work saying that the boy had behaved very badly.

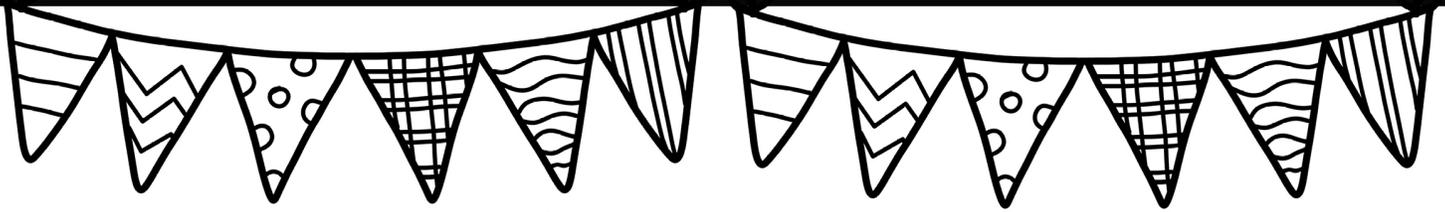
The following day, the boy repeated his foolery. "Wolf! Wolf! Help me! Help me!" Some of the neighbors came running again to help, only to find the young shepherd laughing at them, because this time too it was a lie that a wolf was near. The third day, when they heard the boy call "Wolf! Wolf! The wolf is eating the sheep! Please come help!" no one paid any attention because they thought that it was just another lie. That day the wolf did come and eat the sheep! The young shepherd was very sad, but he had learned a good lesson. If we tell lies, the day will come when neither our parents, our brothers and sisters, nor our friends will believe what we say, even when it is the truth!

### Art

- Colouring Page: Drawing 4



**“Truthfulness is the foundation of all human virtues.”**



# Generosity

## Lesson 5: Week 1

### Memorization

“To give and to be generous are attributes of Mine; well is it with him that adorneth himself with My virtues.”

### Vocabulary

**Generous:** Ram and Rajish had saved a little money. They decided to buy some books for their younger brothers and sisters. Ram and Rajish are generous.

**Attribute:** Joel took a beautiful rose to the teacher. Beauty is an attribute of the rose.

**Adorn:** Li Feng has a beautiful smile. Most of the time a smile adorns his face.

### Song

Be a fountain, be a spring  
Be an everlasting thing  
It is true that if you do  
Happiness will come to you  
Search your heart every day  
Is there something you can give away?

### Art

• Colouring Page: Drawing 5

## Generosity: Lesson 5 : Week 2

### Memorization - Review

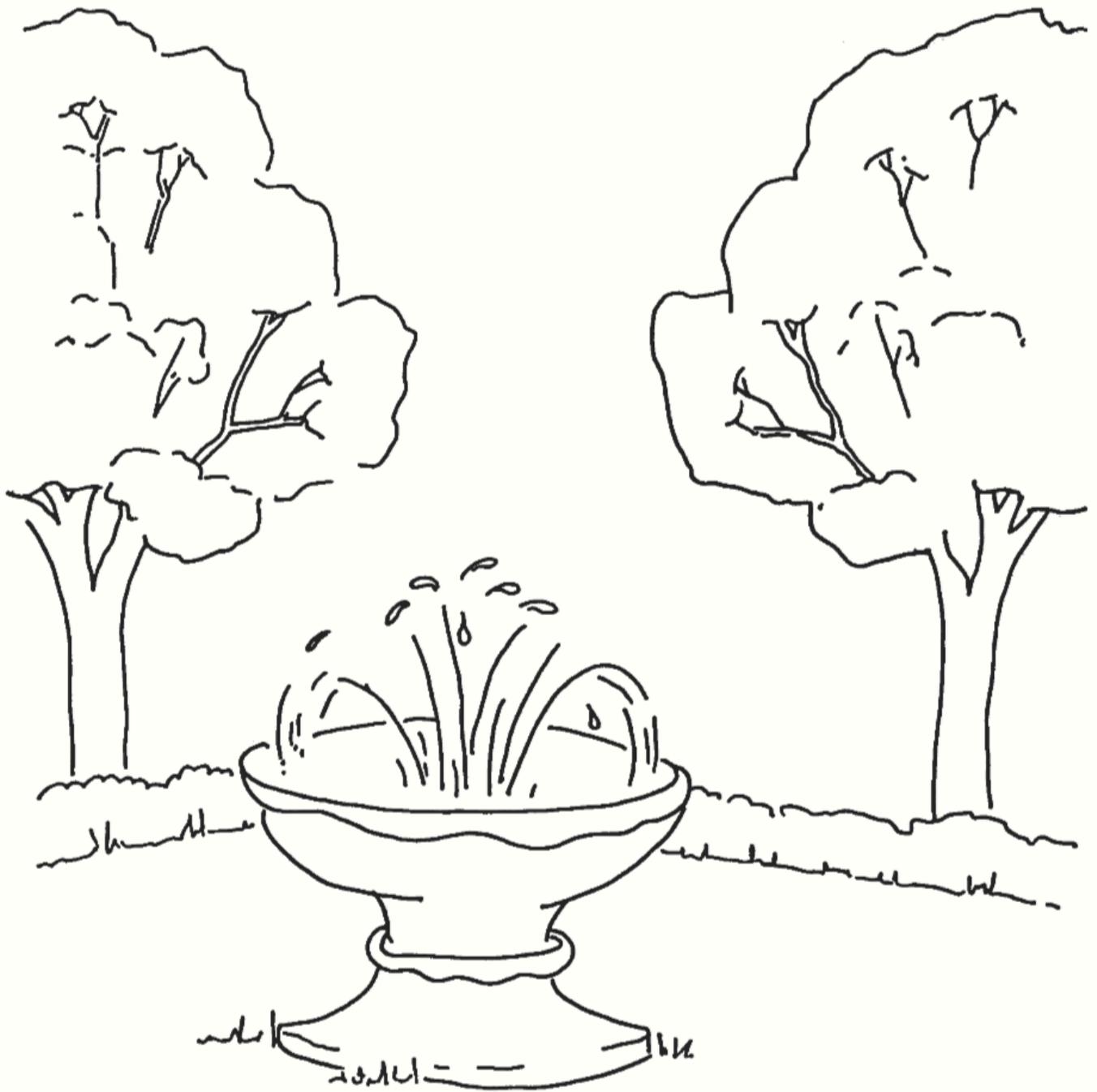
“To give and to be generous are attributes of Mine; well is it with him that adorneth himself with My virtues.”

### Story

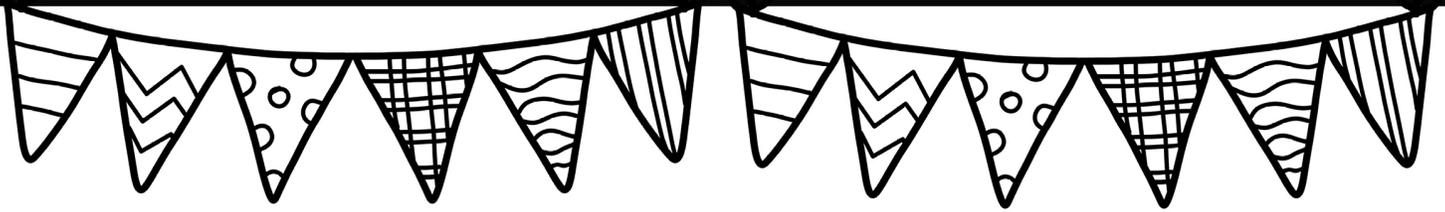
One day, Bahá'u'lláh sent 'Abdu'l-Bahá to inspect the work of the shepherds who were taking care of His sheep. 'Abdu'l-Bahá was a small child at the time, and the persecutions against Bahá'u'lláh and His family had not yet started. Bahá'u'lláh then had a good deal of land in the mountains and owned large flocks of sheep. When the inspection was finished and 'Abdu'l-Bahá was ready to leave, the man who had accompanied Him said, “It is your father's custom to leave a gift for each shepherd.” 'Abdu'l-Bahá became silent for a while, because He did not have anything to give them. The man, however, insisted that the shepherds were expecting something. Then 'Abdu'l-Bahá had an idea: He would give the shepherds a few sheep from the very flock they were tending. Bahá'u'lláh was greatly pleased when He heard about 'Abdu'l-Bahá's generous thoughts towards the shepherds. He humorously remarked that everyone had better take good care of 'Abdu'l-Bahá because someday He would give Himself away. Of course, this is exactly what 'Abdu'l-Bahá did for the rest of His life. He gave everything He had, each and every moment of His life, to humanity, to unite us and bring us true happiness.

### Game

For the game today, ask two, three or four children to stand back to back and squat down. Then tell them to hook elbows and try to stand up.



**“To give and to be generous are attributes of Mine; well is it with him that adorneth himself with My virtues.”**



# Selflessness

## Lesson 6: Week 1

### Memorization

"Blessed is he who preferreth his brother before himself."

### Vocabulary

- Blessed:** Victor's family says prayers every morning in the living room of their home. The home of Victor's family is blessed.
- Prefers:** John likes to eat chocolate and vanilla ice cream, but when he has to choose, he chooses vanilla. He prefers vanilla.

### Story

'Abdu'l-Bahá preferred inexpensive clothes for Himself. When He had extra clothes He always gave them away to others. One day He was going to entertain the Governor of 'Akká. His wife felt that His coat was not good enough for the occasion. She went to the tailor and ordered a fine coat for 'Abdu'l-Bahá. She thought He surely would not notice that His old coat had been replaced; He desired, after all, only to be clean. When the day of the Governor's visit arrived, the new coat was laid out for 'Abdu'l-Bahá, but He went searching for His old one. His wife attempted to explain that because of the occasion she had bought Him a new coat, but He would not accept it. He told her that for the price of this one coat they could buy five simple ones like He normally wore. He told her that there was no reason to spend so much money on a coat just for Him. If He needed a new one, they could send the expensive coat back to the tailor and order five ordinary coats for the same amount of money. "Then, you see, I shall not only have a new one, but I shall also have four to give to others!"

### Game

- Your choice

## Selflessness: Lesson 6 : Week 2

### Memorization - Review

"Blessed is he who preferreth his brother before himself."

### Song

I am thirsty, I am thirsty  
But my brother he comes first  
So I offer him the water  
That will quench his thirst  
It is a blessing to prefer your brother  
This is the way to show you care  
It is a blessing to prefer your sister  
You are richer the more you share.

### Game

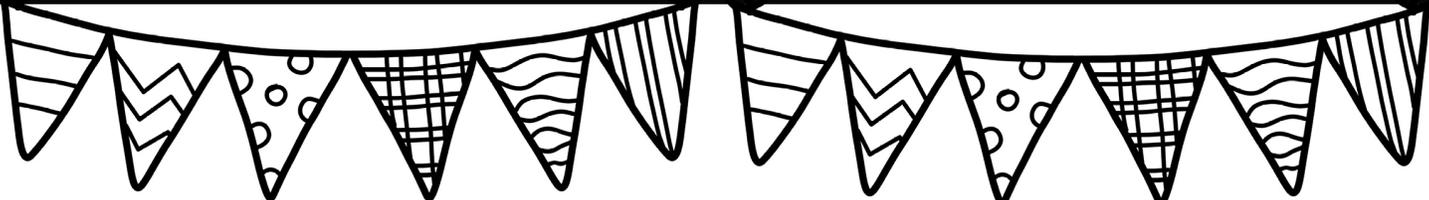
Ask the children to line up and hold hands, and then have the children at one end of the line stand in place, while the others begin to walk around them. Little by little they wind themselves into a spiral to form a snail.

### Art

- Colouring Page: Drawing 6



**“Blessed is he who preferreth his brother before himself.”**



# Joyfulness

## Lesson 7: Week 1

### Explanation

'Abdu'l-Bahá tells us that happiness helps our spiritual progress, that joy gives us wings, that when joyful we are stronger, that when happy we are quicker to understand. Joyfulness is a quality of the human heart. A heart full of joy attracts blessings from the Kingdom on high. We must be happy and joyful under all conditions. It was 'Abdu'l-Bahá's wish that Bahá'í children should shine like brilliant lamps shedding the light of joy everywhere.

### Memorization

"O Son of Man!  
Rejoice in the gladness of thine heart, that thou mayest be worthy to meet Me and to mirror forth My beauty."

### Vocabulary

- Rejoice:** Ronald lived far from his grandparents. When he heard that he would be visiting them during the school holidays, he became very happy. His heart rejoiced.
- Worthy:** Sjona studied very hard and received excellent grades. The teacher praised her for her hard work. Sjona was worthy of her teacher's praise.

### Art

- Colouring Page: Drawing 7

## Joyfulness: Lesson 7 : Week 2

### Memorization - Review

"O Son of Man! Rejoice in the gladness of thine heart, that thou mayest be worthy to meet Me and to mirror forth My beauty."

### Song

Joy gives us wings to fly, joy gives us wings  
Joy gives us wings to fly, joy gives us wings  
In times of joy, our strength grows in might  
In times of joy, our intellect takes flight  
In times of joy, our understanding is bright  
Joy gives us wings to fly, joy gives us wings

### Game

Begin by asking the children to stand in a row, placing their hands on the shoulders of the one in front of them. The first child in the row is the dragon's head. The last in the row is the dragon's tail, eager to lash to the right and left in order to escape the head. Until the signal "Go" is given, the dragon must be a straight line. One youngster counts "One, two, three, go!" On the signal "Go", the head runs around toward the tail and tries to catch it. The whole body must move with the head and remain unbroken. If the head succeeds in touching the tail, the child in the front can continue to be the head. If the body breaks before he or she catches the tail, the head becomes the tail, and the next in line becomes the head. The game continues in this way until every child has had a chance to be the head and the tail at least once.



**“O Son of Man! Rejoice in the gladness of thine heart, that thou mayest be worthy to meet Me and to mirror forth My beauty.”**



# Sincerity

## Lesson 8: Week 1

### Explanation

When our words and deeds reflect what is in our hearts, we show forth the quality of sincerity. Sincerity inspires us to be truthful and faithful in our dealings with others. For example, when we say that we are sorry for something that we have done, we also know in our hearts that we will make every effort not to repeat our wrongdoings. It is through our sincerity that others can see the purity of our hearts and place their trust in us.

### Memorization

“We should at all times manifest our truthfulness and sincerity.”

### Vocabulary

- Manifest:** Asha cleaned the mud off the seashell that he found at the beach and polished it until it was smooth and shiny. When he was finished, the shell’s true beauty became manifest.
- Sincerity:** Leo’s classmates often play games instead of studying. Leo is worried that they will not do well in school, so he suggests that they all study together and thinks of ways that they can help each other learn. Leo’s concern for his classmates is sincere.

### Art

- Colouring Page: Drawing 8

## Sincerity: Lesson 8 : Week 2

### Memorization - Review

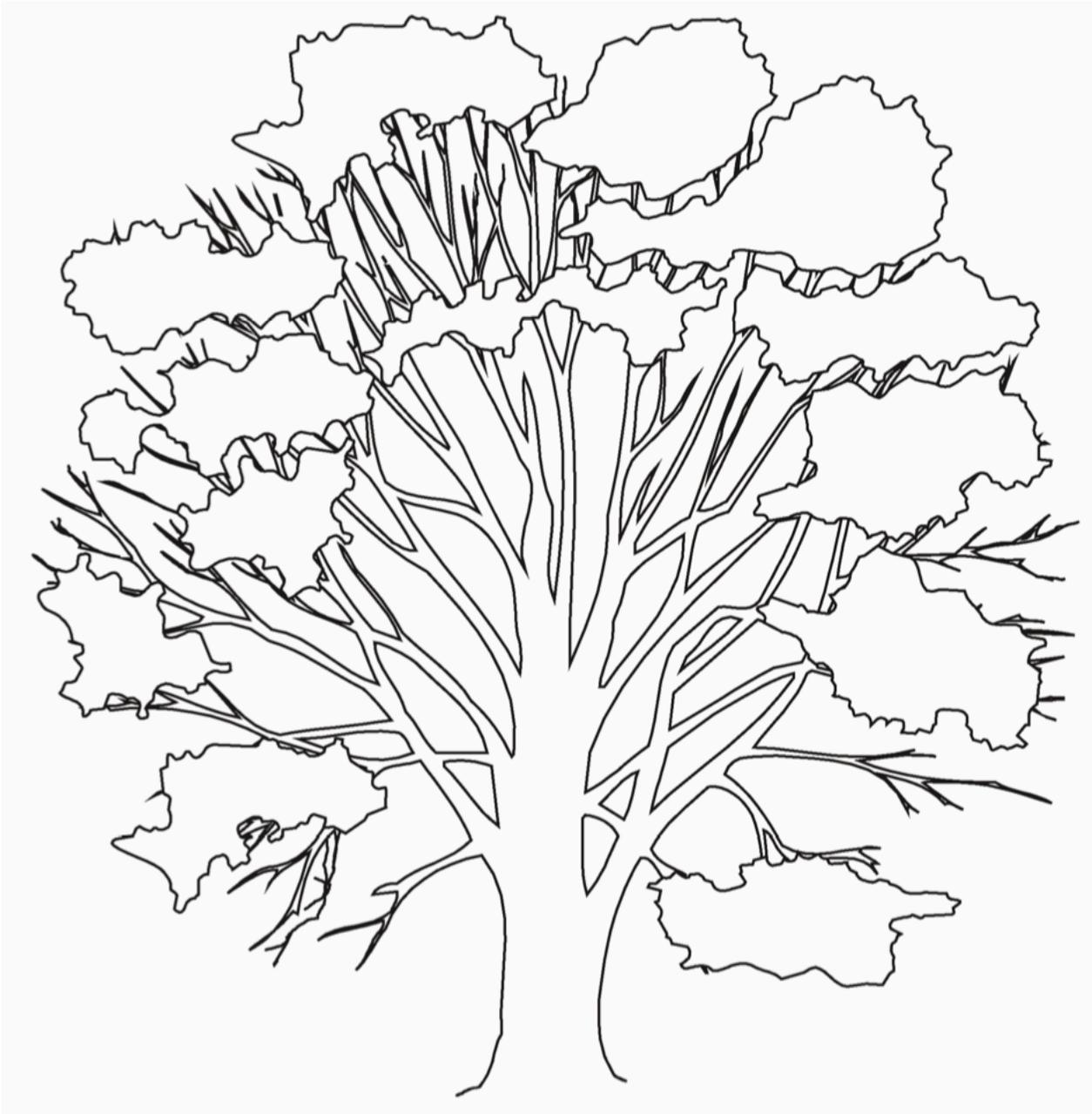
"We should at all times manifest our truthfulness and sincerity . . ."

### Story

For many years a large tree stood behind a house that belonged to a husband and wife with several children. As the tree grew, its branches reached up and out, shading the back of the family's home. One winter morning, the father was passing under the tree when he met a neighbor. After a while, the neighbor, taking notice of the large tree, said to the man, "You know, it really is time for you to cut that enormous tree down. It is sprawling and unruly. What if one of the branches were to break off and fall onto your roof—or worse yet, hit one of your children while they play in the shade?" When the two had parted, the man considered his neighbor's advice. The tree had stood in this place since before he could remember, and no harm had come of it. It seemed sturdy and strong. "Still, perhaps my neighbor has a point," the man said to himself. "Appearances can sometimes be deceiving. What if the tree is not as sturdy as it seems?" And so he decided to cut it down. It was a difficult job, for the tree was very big, indeed, and had many limbs and branches, some of them quite high. Just as the man finished, his neighbor returned, this time accompanied by his two sons and a cart. "I see you decided to take down the tree," the neighbor said, looking at the many stacks of wood. "I suppose you'll need someone to take those piles away. Perhaps we can help you. I have brought my cart and my two sons, and we will be happy to remove all this from your yard." Without waiting for an answer, the sons began loading the wood into the waiting cart. As they pulled away, the man sat down on the stump of the tree that had sheltered his home for so long. It was then that he realized that his neighbor had not been concerned for his family's safety after all, but for the supply of firewood that would keep him warm through the winter months. "Appearances can, indeed, sometimes be deceiving," he said with a sigh.

### Game

- Begin by instructing one of the children to leave the room or to go some distance from the area where the class is being held. After the others hide a small object, for example, a pencil or crayon, he or she is called back in and asked to find the object.
- The others help by clapping louder and louder the closer the child gets to the hidden object.



**“We should at all times manifest our truthfulness and sincerity . . .”**



# Humility

## Lesson 9: Week 1

### Explanation

A very important spiritual quality is humility. Those who are humble before God realize the greatness of God and His creation. They give themselves up entirely to God's Will. When we are humble before God, our hearts are filled with joy.

### Memorization

"O Son of Man!  
Humble thyself  
before Me, that  
I may graciously  
visit thee."

### Vocabulary

**Humble:** Zinab works diligently on her math assignments and always does well. She is humble and never boasts about her achievements.

### Song

See the earth  
It's so humble  
has all God's wealth to give  
Everything we need to live  
Lets us walk on it every day  
But have you ever heart it say  
"I am richer  
Greater than you"

## Humility: Lesson 9 : Week 2

### Memorization - Review

O Son of Man! Humble thyself before Me, that I may graciously visit thee."

### Story

Humility was one of 'Abdu'l-Bahá's most notable qualities. The friends wanted to give Him great titles, but He only wanted to be called "'Abdu'l-Bahá", which means "Servant of the Glory". He also liked simplicity. One time, some wealthy friends from the West made an elaborate plan for Him to wash His hands before a meal. They arranged for a specially dressed boy to carry a fancy bowl with "crystal water", and they also had a perfumed towel waiting for Him. When the Master saw the group of friends with the little boy, the bowl, and the towel approaching Him from across the lawn, He knew their purpose. He hurriedly found some water nearby, washed His hands, and dried them with a piece of cloth the gardener had. Radiantly, He then turned to meet His guests, and asked them to use the water and towel to wash their own hands.

### Game

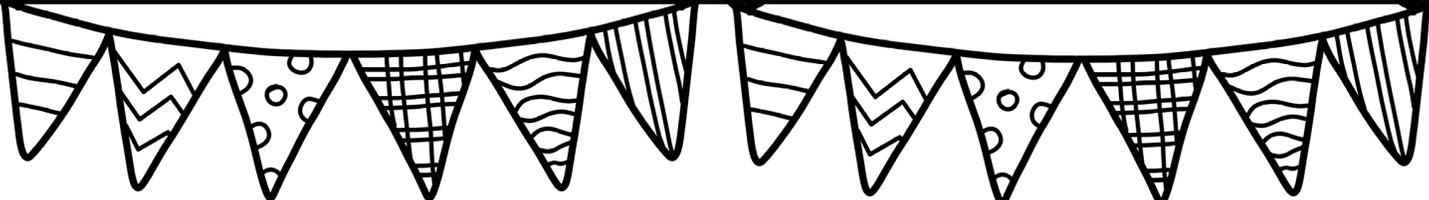
Your choice

### Art

Colouring Page: Drawing 9



**“O Son of Man! Humble thyself before Me, that I may graciously visit thee.”**



# Thankfulness

## Lesson 10: Week 1

### Explanation

When we receive even the smallest of gifts, we thank the person who gave it to us. 'Abdu'l-Bahá tells us that we should be thankful to God for having showered His bounties upon us and for having caused our hearts to overflow with His love. We must be thankful to God at all times, even in times of difficulty. Giving thanks to God enables us to receive more and more of His infinite bounties.

### Memorization

"Be thou happy and well pleased and arise to offer thanks to God, in order that thanksgiving may conduce to the increase of bounty."

### Vocabulary

**Conduce:** Nadia is always clean. She knows that cleanliness is important for spiritual growth. Cleanliness conduces to spirituality.

### Game

Ask the students to form a circle holding hands. The children must send a pulse signal through the group. One child begins by quickly squeezing the hand of the child to his or her side, who passes on the signal to the next child, and so on, until it returns to the first child. The children should be timed and challenged to go faster and faster. Once the children have learned the basic game, you can ask them to send the pulse in the opposite direction or to increase the number of squeezes per pulse.

## Thankfulness: Lesson 10 : Week 2

### Memorization - Review

"Be thou happy and well pleased and arise to offer thanks to God, in order that thanksgiving may conduce to the increase of bounty."

### Story

There was once a girl called Maya, who lived in a place that was very cold in the winter. Maya had used the same coat every winter for many years, and everyone could see that Maya needed a new coat before the winter came again, but her family did not have enough money to buy one. A farmer who lived down the road from Maya's home told her she could have some wool from his sheep to make a new coat. He said she would have to wait until the spring when the wool would be thick and ready to shear. Maya wanted to show her thankfulness, so, as she waited for the spring, she helped the farmer by happily taking care of the sheep each day. In the spring, the farmer sheared the wool and gave it to Maya. Maya thanked him and began to walk home. An old woman who lived next door saw Maya with the wool and offered to spin it into thread for her. Maya was very grateful and wanted to find a way to thank the old woman. She could see many vegetables growing in the old woman's garden, so all through the summer, she picked the vegetables and washed them and made them ready for the old woman to cook.

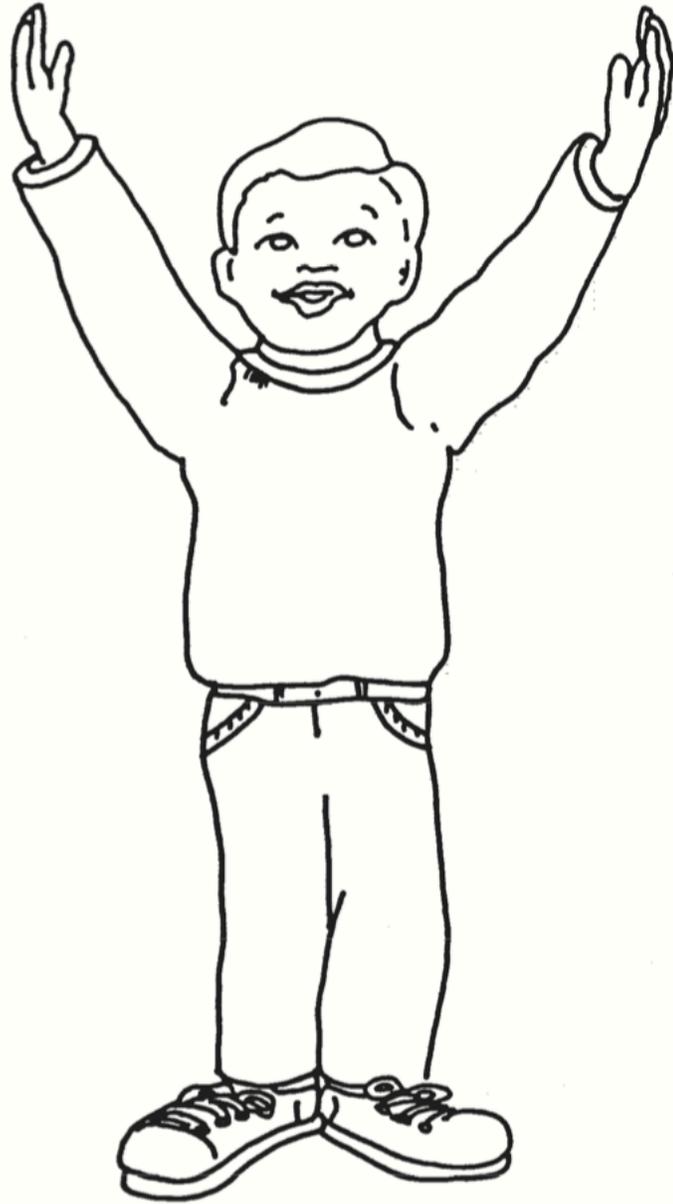
When Maya arrived home, her family was as pleased as she was with her new coat. They decided to invite all the people who had helped to make it to share a simple meal with them. So the farmer, the old woman, the weaver and the tailor all came to Maya's home. They were all happy to know that Maya had the new coat she needed for the winter. But Maya's 'thank yous' were still not finished. The next morning, Maya put on her coat and went to visit the sheep.

"Thank you, sheep!" she said, "Thank you, thank you, for this lovely warm coat!"

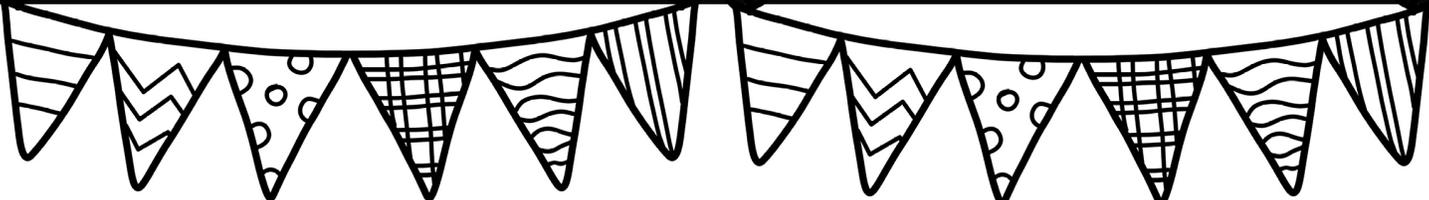
"Baa!" answered the sheep, and it seemed as if they were smiling back at her.

### Art

Colouring Page: Drawing 10



**“Be thou happy and well pleased and arise to offer thanks to God, in order that thanksgiving may conduce to the increase of bounty.”**



# Forgiveness

## Lesson II: Week I

### Explanation

Forgiveness is one of the attributes of God. 'Abdu'l-Bahá always told the friends to be forgiving with one another. We should see with eyes of forgiveness and not look at one another's faults. If we follow 'Abdu'l-Bahá's example, we will show forgiveness not only to our friends when they make mistakes but also to those who are unkind to us.

### Memorization

"Let your adorning be forgiveness and mercy and that which cherish the hearts of the well-favoured of God."

### Vocabulary

**Cheer:** Ursula was not feeling well. Her friend Elsie brought her flowers and sat with her for a long time, telling stories and talking. Elsie's visit made Ursula feel much better. Ursula was cheered by her visit.

**Favored:** The teacher loved all of her students and paid special attention to each one. She favored them all.

### Game

- Your choice

## Forgiveness: Lesson II : Week 2

### Memorization - Review

“Let your adorning be forgiveness and mercy and that which cherish the hearts of the well-favoured of God.”

### Story

Ask the children to each share a time that they were shown forgiveness by someone else (a teacher, a parent, a sibling etc).

### Game

Tell the children to walk around randomly, while clapping and saying, “people to people”. When you call out “back to back”, they should stop, and each back up to a partner. On your signal, they start to move around again, clapping and saying “people to people”. When you call out “face to face”, they stop and each face a partner, bowing heads. The game continues in this way, with these two commands being repeated several times. Other commands can include “knee to knee” and “elbow to elbow”.

### Art

Colouring Page: Drawing 11



**“ . . . let your adorning be forgiveness and mercy and that which cheereth the hearts of the well-favored of God.”**



# Honesty

## Lesson 12: Week 1

### Explanation

All of us know of beautiful things that God has created to adorn our lives and bring joy to our hearts. Yet, more than material things, it is spiritual qualities that make human beings beautiful. One of the most beautiful qualities which can adorn our lives is honesty. When we beautify ourselves with honesty, we do not take things that belong to others without their permission, and we never deceive anyone.

### Memorization

“Beautify your tongues, O people, with truthfulness, and adorn your souls with the ornament of honesty.”

### Song (Call and Repeat)

|  |                             |
|--|-----------------------------|
| Beautify your tongues                    | O people with truthfulness! |
| Beautify your tongues                    | O people with truthfulness! |
| Beautify your tongues                    | O people with truthfulness! |
| And adorn your soul with the ornament of | Honesty!                    |
| The ornament of                          | Honesty!                    |

### Game

- Your choice

## Honesty: Lesson 12 : Week 2

### Memorization - Review

“Beautify your tongues, O people, with truthfulness, and adorn your souls with the ornament of honesty.”

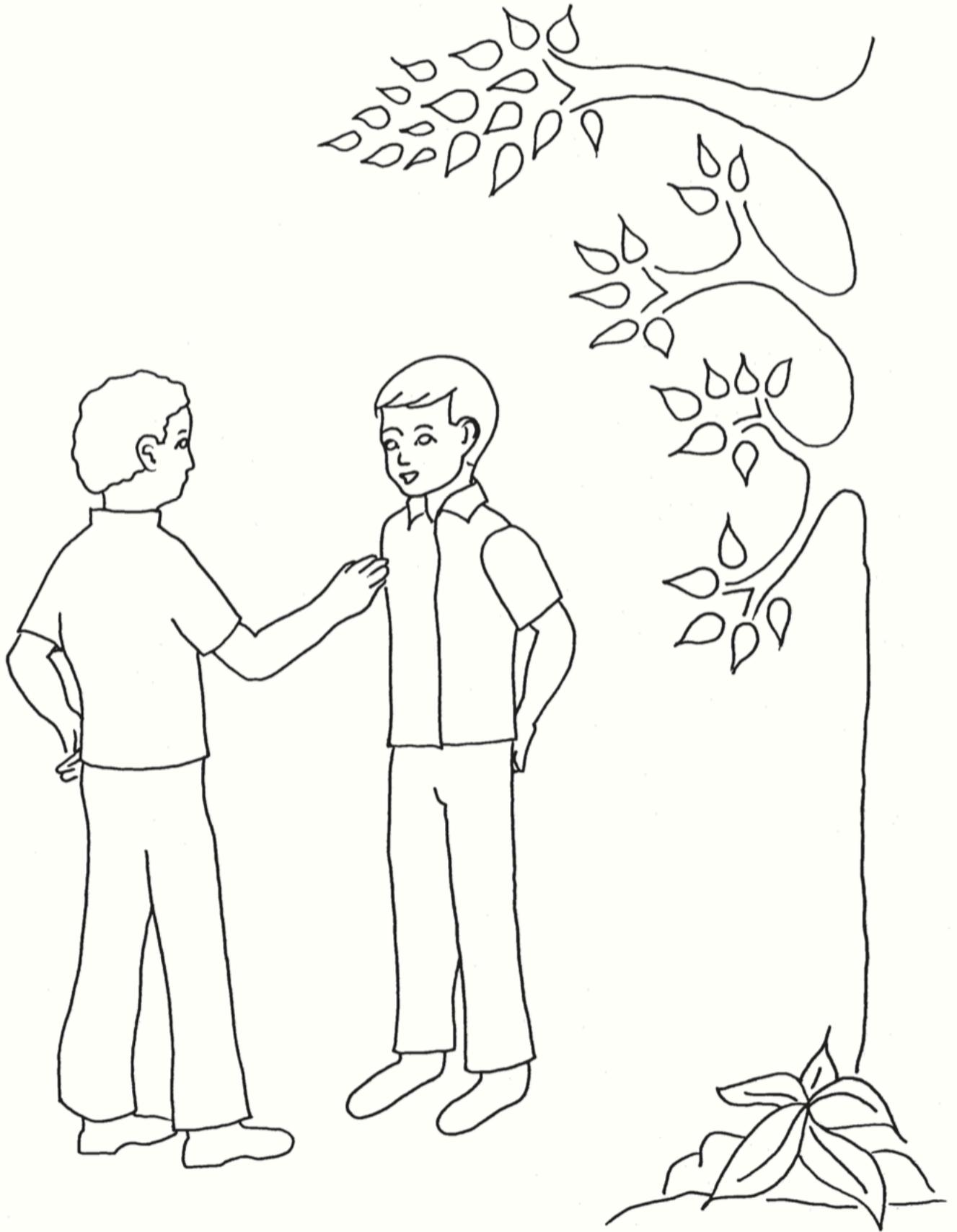
### Game

It is assumed that the children know the names of at least a few shapes, for instance, “square”, “circle”, and “triangle”. Begin by reviewing the names of these shapes with the children, making sure that they can identify each one. Next hold up a card on which you have drawn a sequence of three shapes—for instance, circle, circle, square—and tell them to look at it closely. Then put the card away and ask one of the children to say the sequence out loud. You should do this several times, using cards on which you have drawn a variety of sequences beforehand. Have some cards with only two shapes, in case a sequence of three is too difficult for the children to remember, and a few cards with a sequence of four or five, in case they find a sequence of three too easy.

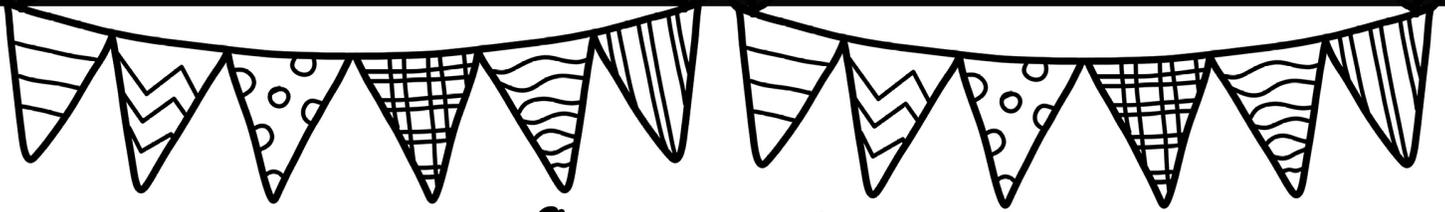
Next you can call out a sequence of shapes—either two, three, or four shapes, depending on your students—and ask one child in the group to repeat it. After you have done this several times with each child, you can make the game more challenging by having the children draw the sequence that you call out.

### Art

Colouring Page: Drawing 12



**“Beautify your tongues, O people, with truthfulness,  
and adorn your souls with the ornament of honesty.”**



# Compassion

## Lesson 13: Week 1

### Explanation

God is the Most Compassionate, the All-Merciful. In times of difficulty, we turn our hearts to Him and ask Him to comfort and strengthen us. So, too, must we show compassion to others. When someone we know has a problem or is sad, we should do our best to be understanding and to help him or her. We must be compassionate and kind with everyone, under all conditions, like the tree that gives fruit to one and all, even to those who throw stones at it. 'Abdu'l-Bahá showed forth compassion at all times, to all people, though His life was filled with hardship.

### Memorization

“The Kingdom of God is founded upon equity and justice, and also upon mercy, compassion, and kindness to every living soul.”

### Song

- Review a previous song

### Game

- Your choice

## Compassion: Lesson 13 : Week 2

### Memorization - Review

"The Kingdom of God is founded upon equity and justice, and also upon mercy, compassion, and kindness to every living soul."

### Story

When 'Abdu'l-Bahá traveled to the West, in every city He visited, many people came to see Him and listen to His encouraging words. Day and night He met with people of all kinds—the young and the old, the wealthy and the poor, officials and ordinary citizens. Some came out of their great love for the Master, and others came because they were curious about what He had to say.

One day a woman arrived at the home where the Master was staying and knocked on the door. She was an ordinary person who longed in her heart to spend a few moments with 'Abdu'l-Bahá. "Do you have an appointment to see the Master?" asked the man who opened the door. She said that she did not. In that case, she was told, it would not be possible for her to see 'Abdu'l-Bahá as He was meeting with some very important people. She turned away sadly and started walking down the steps in front of the house. What disappointment filled her heart! But suddenly a messenger from 'Abdu'l-Bahá appeared, asking her to return. The Master wished to see her. His voice was heard saying with power and authority, "A heart has been hurt. Hasten, hasten, bring her to me!"

### Game

Select one child in the class to be the "sculptor". He or she chooses another child to come to the front of the group and take some kind of position, for example, bent over with arms stretched out. One by one, the other children are called to the front of the group and added to the sculpture, each in a different position, making one large unusual shape. When all the children have become part of the sculpture, the sculptor adds him or herself as the final piece.

### Art

Colouring Page: Drawing 13



**“The Kingdom of God is founded upon equity and justice, and also upon mercy, compassion, and kindness to every living soul.”**